

## Nine Ways of Helping Alto Cayma (from the comfort of your own home)

**1. Buy cards from Creaciones Angel** – The cards, which take 2-4 hours each to make by hand, sell for \$4 (a few are \$5 or \$6) each. All of the money goes back to the 24 girls in the group who make the cards. If enough people buy the cards, the girls can have full-time work and earn at least three times as much per day as they could doing manual labor. This income makes a huge difference in the economy of their families. Even more important, this work makes the girls feel they are people of value. A complete catalog of all 195 cards available may be seen at our website, [www.serving-alto-cayma.info](http://www.serving-alto-cayma.info)

**2. Sponsor a child or an elderly person in the Acercádonos program** – Sponsorship is at a level of \$20 per month, all of which goes to Alto Cayma. In the case of a child, your sponsorship buys one very nutritious meal a day, provides access to medical care, and helps with school expenses and other needs. The elderly also receive meals, clothing, and access to medical care, which for them can be the most pressing issue of all. Your \$20 goes an amazingly long way by being leveraged through the subsidized care network established by Father Alex.

**3. Sponsor a child's education** – Education is not free in Peru, even in the public schools. With parents typically bringing home \$100 or less per month, and with 2-4 children in the family, it is often not possible for all the children to attend school, no matter how bright they are. Depending on the level and type of school attended, \$20-30 per month can assure the education of one child.

**4. Contribute to the Dental Care Fund** – Even after some years of neglect, a person's teeth can be restored for an amazingly small amount of money in Father Alex' dental clinic. In one recent case, for example, the price for a cleaning, X-ray, exam, 8 fillings and 1 root canal came to only \$44! (The range for a complete treatment is typically \$30 to \$125.) A Dental Care Fund has been established to support 75% of the cost of a treatment, with the patient only having to pay the remaining 25%. The treatment program includes instruction on preventive care to insure the investment will continue to pay off. Donations to keep this fund solvent are always needed.

**5. Contribute to the Eye Care Fund** – A person in Alto Cayma can go to the Lions Club Clinic in downtown Arequipa and get an eye exam and a pair of glasses for approximately \$50-60. Similar to the Dental Care Fund above, an Eye Care Fund has been established to pay 75% of the cost. Donations to this fund are also always needed.

**6. Sponsor a Birthday Party in a Children's Home** – Father Frank, a colleague of Father Alex, runs a home for children who are orphans or come from broken homes. A program has been created by which a person can sponsor a birthday party for one of the children for \$50. \$30 goes for presents, such as an outfit of clothing, and the remaining \$20 is sufficient to buy cake and soft drinks for all 50 children in the home plus the staff.

**7. Sponsor a person in the Food Program** – Father Alex feeds 650 people a day from his two community kitchens. Most of the food is donated, but he has to pay for fuel and

the cooks' salaries out of funds which would otherwise go for other programs. For a \$50 donation, you can close this funding gap for one person for an entire year.

**8. Contribute to the Medical Care Funds** – Subsidized healthcare is very affordable at the Medical Clinic which Father Alex has established. However, if a person needs an operation or other procedure at a hospital downtown, the cost is prohibitive for almost all the people in Alto Cayma. Two funds have been established to help cover these extraordinary expenses, which often mean the difference between life and death. There is a general fund, and one that is solely dedicated to handicapped people. Both funds are drastically underfunded in comparison to the need.

**9. General Donations to Father Alex' Mission** – The programs described above are aimed at many, but not all, of the needs of the people of Alto Cayma which Father Alex is striving to meet. You can rest assured that any donations you make to his mission will be spent in a very cost-effective way.

**For further information** regarding any of these programs, please contact Jim and Gloria Hintz, 704+875-0130, Hintzes3@aol.com

**Note regarding taxes** – Funding for all of the above programs except one are administered through Advent Lutheran Church in Charlotte, NC, which clearly establishes them as charitable contributions which are tax deductible. The one exception is the cardmaking program, where the purchaser is receiving intrinsic value worth at least 100% of the purchase price.